## Abstract of the Disclosure

A method for making a calendar characterized in that one month is fixed with 31 days and standardized, the days are arranged laterally or longitudinally in units of 7 days, space parts indicative of the month and 7 days of a week are provided contiguously to the first week on a table divided into 5 weeks, 1-7 days are written in the first week, 8-14 days are written in the second week, 15-21 days are written in the third week, 22-28 days are written in the fourth week, and 29-31 days are written in the fifth week, month and 7 days of a week are indicated in specified space parts by a user using an auxiliary indicator, e.g. a seal, attached to the product, and the year and month of using the calendar can be determined freely with reference to the part of days.